

CERTIFICATE

OF PARTICIPATION

This is to certify that

Herbert Abel Mokgala

Has successfully participated & completed the

48km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:09:46

PACE 03:57/km

OVERALL 19 of 421

GENDER 19 of 366

40+ 3 of 111

26 October 2019, Sat

Date



BoutTime

Signature